



Carers do not always see themselves as a carer, simply as a loving relative or friend.

Caring can be very rewarding, but also physically and mentally demanding and can lead to isolation and financial difficulties.

It can be a distressing time when someone is coming out of hospital and you are going to be caring for them.

Do you have questions about what will happen during the hospital discharge procedure?

Are you worried about how you will cope?

Do you feel as though you're not being listened to?

Warrington Carers Centre provides the following FREE services:

- Advice, information and support if you are caring for a person who is in hospital.
- Or if you are in hospital yourself and are concerned about the person you care for at home.
- Help to find out what other support is out there for you.
- Signposting & referral service.
- G.P Liaison service. How to get the best out of your G.P appointment.
- Counselling service
- Emergency Card. A 24 hours a day, 365 days a year rapid response messaging service for carers.
- Newsletters
- Drop in/support groups
- Complementary therapies
- Trips
- Therapies

WIRED are an independent charity, offering confidential, non judgemental support & advice to both young & adult carers.



You are more than welcome to turn up to one of our drop-ins in the community, where our friendly support workers will make you feel welcome, offer you a drink and be there to listen and support you.

We have drop-ins in Culcheth, Fearnhead and Lymm.

Our Carers Centre at:
86 Sankey Street, Warrington
WA1 1SG is open
Monday to Friday 9am to 5pm.

Feedback comments from Families/carers who have been supported by: Wired hospital discharge support.

This is very important work, which is a source of comfort and support. It is so much needed, when patients are leaving hospital.

I was given advice and support during a very difficult time with my wife being diagnosed with dementia. I continue to get support even though she has been discharged from hospital.

I would like to express my sincere gratitude for the help and support I got during a very difficult situation. I am convinced that a negative outcome would have occurred without your support. For this I am extremely grateful.

My husband was in hospital, the ward manager told me about Wired. This was a very traumatic time for me as my husband was terminally ill. I am still getting support 6 months later, I'm being helped to rebuild my life. Thank you.

CARERS CAFÉ

A great source of information and support with the opportunity to have a break and meet other people in similar situation. All carers welcome including staff. Drop in, free tea or coffee and free parking. Every 1st Tuesday of month.

Hospital Discharge Support for families and Carers

We can support families/carers, speak to hospital staff on your behalf and support you in any hospital discharge meetings.

Once the cared for has gone home, we can support you in your caring role in the community.

If you would like to meet at the hospital, the carers centre or just have a chat over the phone please call: Julie Howson

Tel: 01925 633492
Mobile: 07841 203 134

or

Email:

wcsadmin@wired.me.uk
Website: www.wired.me.uk



WARRINGTON CARERS CENTRE

Hospital Discharge Support & Advice for Families/Carers



Do you look after a relative, child, partner, friend or neighbour who needs help due to: illness, dementia, frailty, mental health, addiction, disability or age? If so, then you are a carer.